www.nopeRI.org

## OVERDOSE RECOGNITION

Signs of overdose include:

- Can't be woken up
- Slow or no breathing
- Limp body
- Fingernails or lips turning blue
- Unable to speak/incoherent
- Vomiting or gurgling noises

## OVERDOSE RESPONSE

1. Call 911 - tell them someone is not breathing
2. Rescue breathing
3. Give naloxone (Narcan)
4. Stay until help arrives, roll the person on their side if you have to leave

## RESCUE BREATHING

1. Tilt head back
2. Pinch nose
3. Seal your mouth over theirs
4. Give 1 breath every 5 seconds
5. Keep going until help arrives or they breathe on their own

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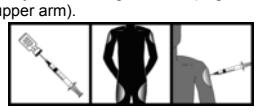
NALOXONE

- Naloxone starts working in 3-5 minutes and lasts 30-90 minutes
- Keep rescue breathing until naloxone starts to work.
- If there is no improvement in 5 minutes, give another dose.
- Naloxone may cause withdrawal symptoms - DO NOT let person use more opioids.

| INJECTABLE NALOXONE | NASAL NALOXONE |
|---|---|
| 1. Remove cap from naloxone and syringe.<br>2. Insert needle through rubber plug.<br>3. Pull back on plunger until there is 1cc in the syringe.<br>4. Inject into a large muscle (thigh or upper arm). | 1. Remove all caps.<br>2. Screw glass vial into plastic tube.<br>3. Screw nasal atomizer into plastic tube.<br>4. Inject half of vial into each nostril. |



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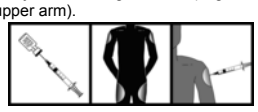

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