

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**TRAINING QUIZ**

**1. When are people most at risk of overdose? (name three)**

**2. What are three signs of opiate overdose?**

**3. Please describe step by step how you would do rescue breathing.**

**4. Where on someone's body can you inject naloxone?**

**5. If someone does not respond to a dose of naloxone, how long should you wait to administer a second dose?**

**6. How long does naloxone last in the body?**

**7. When and why do you use the rescue position?**

**8. If you are witnessing an overdose, in what order do you do the following things?  
(Number the following 1 – 6)**

- \_\_\_\_\_ **Naloxone Injection** – Inject 1 cc into upper arm, thigh, or butt;
- \_\_\_\_\_ **Call 911** – If person cannot be awakened
- \_\_\_\_\_ **Rescue breathing** (clean out mouth, 2 quick breaths, 1 breath every 5 seconds)
- \_\_\_\_\_ **Evaluate** – Did rescue breathing work - are they doing better? Can you get naloxone and prepare it quickly enough that they won't go for too long without breathing?
- \_\_\_\_\_ **Try to Awaken Person** – Yell person's name, chest noogie
- \_\_\_\_\_ **Further Support** – Are they breathing on their own? Is another dose of naloxone needed? Seek help, comfort the person, and make sure they do not use again.

PARTICIPANT SUCCESSFULLY COMPLETED THE QUIZ.

PARTICIPANT WAS UNABLE TO ANSWER ALL QUIZ QUESTIONS CORRECTLY.

\_\_\_\_\_  
SIGNATURE OF OD TRAINING STAFF

\_\_\_\_\_  
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## TRAINING QUIZ

### 1. When are people most at risk of overdose? (name three)

- **Lowered tolerance** (leaving jail, treatment, detox, or any period of abstinence or lowered use)
- **Mixing drugs** (either with other sedatives – alcohol, benzos - or stimulants – cocaine)
- **Not taking prescribed medications as prescribed**
- **Using Alone** (no one there to help)
- **Certain illnesses that impact the respiratory system**
- **Change in dealer** (you don't know the purity)

### 2. What are three signs of opiate overdose?

- **Lips or fingers tips change color – blue or gray**
- **No response to stimulus**
- **Shallow breathing, snoring or no breathing**
- **Pale skin**

### 3. Please describe step by step how you would do rescue breathing.

- **Tilt head**
- **Pinch nose**
- **1 breath every 5 seconds**

### 4. Where on someone's body can you inject naloxone?

- **Any major muscle – upper arm, thigh**

### 5. If someone does not respond to a dose of naloxone, how long should you wait to administer a second dose?

- **5 minutes**

### 6. How long does naloxone last in the body?

- **30-90 minutes**

**7. When and why do you use the rescue position?**

- **If you have to leave the person for any reason. So they don't choke on their vomit.**

**8. If you are witnessing an overdose, in what order do you do the following things?  
(Number the following 1 – 6)**

- 5 Naloxone Injection** – Inject 1 cc into upper arm, thigh, or butt;
- 2 Call 911** – If person cannot be awakened
- 3 Rescue breathing** (clean out mouth, 2 quick breaths, 1 breath every 5 seconds)
- 4 Evaluate** – Did rescue breathing work - are they doing better? Can you get naloxone and prepare it quickly enough that they won't go for too long without breathing?
- 1 Try to Awaken Person** – Yell person's name, chest noogie
- 6 Further Support** – Are they breathing on their own? Is another dose of naloxone needed? Seek help, comfort the person, and make sure they do not use again.

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